

# Trollhaugen Ski & Board Shop

Gear \* Tune-Ups \* Wax \* Apparel

Say hi to John - [skishop@trollhaugen.com](mailto:skishop@trollhaugen.com) or 715.755.2950



## GET READY!

### 1 FREE HOT WAX WITH PAID D-TEAM REGISTRATION!

Featuring

First Class

## WINTERSTEIGER

Ski & Board Tuning

## SUMMER ADVENTURES!

Troll's Aerial Adventure Park offers a 3,000ft+ zip line tour & 112+ element challenge course. Come back & play in the sky!



PRST - STD  
U.S. Postage  
PAID  
Permit NO. 6  
Dresser, WI  
54009

# Trollhaugen

OUTDOOR RECREATION AREA

2232 100<sup>th</sup> Avenue • Dresser • WI • 54009

Phone - WI: 715.755.2955 • MN 651.433.5141

Ski & Board Shop - 715.755.2950

[www.Trollhaugen.com](http://www.Trollhaugen.com) • © 2018/19

# Trollhaugen

OUTDOOR RECREATION AREA  
2018/19 Season of Fun

Only 50 minutes North of the Twin Cities!

# SKI D-TEAM

SIGN UP BY  
APRIL 3  
TO TAKE  
ADVANTAGE  
OF THIS  
SEASON'S  
LOWER PRICE!



The Skiing D-Team is geared toward youth (Ages 6-17, with an intermediate to expert skill level) interested in improving their skiing & racing skills, meeting friends, and gaining a friendly yet competitive edge at metro area slopes.

## go Troll

[www.Trollhaugen.com](http://www.Trollhaugen.com)

"Like" The Troll • [facebook.com/trollhaugen](https://www.facebook.com/trollhaugen)



Troll\_Bro\_D-Team\_Ski\_2018-19\_Early

# GO To The TROLL!

## SKI D-TEAM

### SLALOM & GIANT SLALOM PROGRAM:

### Learn the fundamentals of skiing & racing!

The mission of the Trollhaugen D-Team is to provide a safe, fun learning environment for skiers aged 6-18 to develop fundamental skiing skills.



We use the U.S. Ski Team and PSIA developed SkillsQuest program to drive the learning process. This is the same program used by Gold medalist Ted Ligety and Mikaela Shiffrin!

The D-Team's weekly, skill-focused training is led by coaches who continue to expand their own professional experience with personal racing and training with both PSIA and USSA.

We use directed free skiing, skill-specific skiing drills, skill-based training environments, as well as sectional and full course sets for a well-rounded approach. The end result are skiers that have fun while improving the ski skills they'll use for the rest of their life.

After a series of training sessions, you'll be ready to compete with skiers of the same age & gender in 4 scheduled in-season races.

The Trollhaugen D-Team offers a Saturday or Sunday program for your convenience. For the ultimate training experience, many serious skiers participate in both programs.

### SATURDAY SCHEDULE

Saturday training @ Troll runs 10AM-3PM

Unsupervised Lunch break from 12pm-1pm

November 10th - Open House Q&A - 1:30 @ Trollhaugen

December 8th - First Day of Training

December 15th - Training

January 5th - Training

**JANUARY 12TH - RACE @ TROLLHAUGEN**

January 19th - Training

**JANUARY 26TH - RACE @ POWDER RIDGE**

February 2nd - Training

**FEBRUARY 9TH - RACE @ BUCK HILL**

February 16th - Training

February 23rd - Training

**MARCH 2ND - CHAMPIONSHIPS @ AFTON ALPS**

### SUNDAY SCHEDULE

Sunday training @ Troll runs noon-4PM

November 11th - Open House Q&A - 1:30 @ Trollhaugen

December 9th - First Day of Training

December 16th - Training

January 6th - Training

**JANUARY 13TH - RACE @ TROLLHAUGEN**

January 20th - Training

**JANUARY 27TH - RACE @ WILD MOUNTAIN**

February 3rd - Training

**FEBRUARY 10TH - RACE @ BUCK HILL**

February 17th - Training

February 24th - Training

**MARCH 3RD - CHAMPIONSHIPS @ AFTON ALPS**

NOTE: Does not include lift tickets to other ski areas.

### THURSDAY EVENING TRAINING

Dec - Feb for racers & parents. | 6:30PM-8:30PM

Dec 13 - Jan 3, 10, 17, 24, 31 - Feb 7, 14, 21

### EVENTS & OPPORTUNITIES:

THANKSGIVING RACE CAMP Nov. 23-25

3-Day Camp dedicated to Slalom & Giant Slalom!

NASTAR RACE PROGRAM - Open to public - Dec-Feb on Sat & Sun  
Discounted NASTAR Season Passes available.

Courage Kenny Cup February 2, 2019

## TROLL SKI D-TEAM

NOTE: Complete & include the D-Team Waiver located at: [Trollhaugen.com/pdfs/teamwaiver.pdf](http://Trollhaugen.com/pdfs/teamwaiver.pdf)

Applications Due by Dec 4, 2018  
(Print Clearly)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone (Home): \_\_\_\_\_

Phone (Cell): \_\_\_\_\_

Parents Name(s): \_\_\_\_\_

Age \_\_\_\_ (As of 9/1/18)      Male    Female (circle one)

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

### TRAINING OPTIONS / PRICING (Lift Ticket Not Included):

Saturday \_\_\_\_ -or- Sunday \_\_\_\_      \$325 \_\_\_\_

Additional Family Member      \$250 \_\_\_\_

-OR-

Saturday AND Sunday      \$460 \_\_\_\_

Additional Family Member      \$375 \_\_\_\_

50% Off 2nd Day Registration!

### THURSDAY TRAINING ADD-ON

Thursday Evening Racer Training      \$110 \_\_\_\_

Additional Racer(s) - Same Family      \$80 \_\_\_\_

One Day Try It      \$55 \_\_\_\_

(Discounted Lift Ticket Available)

6X Training Only (no races)      \$260 \_\_\_\_

4X Race Only (no training)      \$100 \_\_\_\_

### SEASON PASS FOR D-TEAM MEMBERS:

AGES 6-12: 1-Day \$205 \_\_\_\_ Full \$240 \_\_\_\_

AGES 13-17: 1-Day \$265 \_\_\_\_ Full \$350 \_\_\_\_

TOTAL (TRAINING & PASSES)      \$ \_\_\_\_

REGISTER: 715.755.2955 -or- [TROLLHAUGEN.COM/DTEAM](http://TROLLHAUGEN.COM/DTEAM)

NOTE: Complete & include the D-Team Waiver located at: [Trollhaugen.com/pdfs/teamwaiver.pdf](http://Trollhaugen.com/pdfs/teamwaiver.pdf)

OFFICE USE ONLY:      Waiver \_\_\_\_

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